

ESENCIA

WELLNESS

SPA MENU



MENU OF SERVICES

SIGNATURE TREATMENTS

SPECIAL TREATMENTS

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FACIALS MENU

WELLNESS MENU

COMPLETE TREATMENTS

BODY TREATMENTS

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ADD ON'S

SPA MENU

Our full-service spa caters to body, mind, and spirit through a range of luxury spa treatments, UNICO 20°87° signature treatments, and locally-inspired beauty rituals.

SIGNATURE TREATMENTS

VOLCANIC STONES 80 MIN

Combining the healing properties of heated, smooth stone with reconstructive massage to alleviate muscle pain, tension and accumulated fatigue. The healing properties of this treatment will balance your mind, body and soul.

UNICO 20°87° 80 MIN

A massage that targets deep – tissue muscle through a wide range of techniques. By using slow movements and targeted pressure, the physiotherapist relieves muscle tension, improve flexibility, and enhances range of movement, leaving you free of tension and an energetically balanced body.

RELAXING 50 MIN | 80 MIN

Combination of traditional massage movements that promote relaxation and detoxification of the body through gentle movements, stimulating blood circulation that will stabilize the body's energy.

AROMATIC INFUSION 50 MIN | 80 MIN

A massage that incorporates nourishing aromatic oils of flowers and herbs, which induce relaxation, stress relief and tension.

ESENCIA FOR TWO 50 MIN | 80 MIN

Choose any of our house treatments and share it with that special person, creating a simultaneous healing experience.

UNICO 20°87° FOR TWO 80 MIN

VOLCANIC STONE FOR TWO 80 MIN

FACIAL CEREMONIES

ANTI AGE 50 MIN

This powerful facial helps to minimize expression lines and wrinkles, preventing signs of aging and improving the skin's luminosity with a potent infusion of vitamin A, C and E, plus antioxidants. Give your skin a new expression.

DEEP HYDRATION 50 MIN

Treat your skin to the maximum comfort with this hydration treatment that's loaded with vegetables and ingredients from the sea, a combination that works to repair, protect and prevent signs of premature aging.

SENSITIVE SKIN 50 MIN

Bring your skin back to life with our exclusive combination of botanics, a recipe that's been specially engineered to calm irritable cutis. This facial treatment is ideal for sensitive skin that's prone to itchiness and redness.

DETOXIFYING 80 MIN

The skin care with natural and organic ingredients make a combination of deep cleansing, detoxification and intense hydration, leaving your skin soft, smooth and young.

FOR MEN 80 MIN

Specially designed to protect and preserve the youth of masculine facial skin. Products that combine the precision of technology with the proven efficiency of natural ingredients. Revitalizing facial treatment, calming, detoxifying, reaffirming action against aging signs, refreshing and anti-fatigue.

WELLNESS MENU

100 % NATURAL 130 MIN

Enjoy a top of the line in facial and body rejuvenation as you get healing with natural products. This experience starts with a corporal detox treatment, followed by a restorative facial and body massage that will free you from stress and tension.

AGAVE RITUAL 130 MIN

Inspired by Mexican tradition, using the organic Blue Agave as a moisturizing agent, showering the skin with vital antioxidants and anti-aging goodness. A ritual that delivers extreme relaxation through massage, skin luminosity through exfoliation and moisturization with a corporal wrap. All the while, enjoy a facial that lightens up and moisturizes your skin.

LEGENDARY CITRUS RITUAL 130 MIN

Loads facial and body skin with intense reaffirming hydration of vitamin C. Starts with an exfoliating body wrap based on tangerine followed by a soufflélike texture body wrap and a softening, antioxidant facial treatment.

BODY TREATMENTS

SUN RELIEF WRAP 50 MIN

This essential treatment designed to relieve discomfort caused by excessive sun exposure, refreshing skin wrap that reduces redness and inflammation.

MARINE SALT 50 MIN

Stimulating movements with a sea salt crystal exfoliation, will leave your skin soft to the touch and absolutely radiant.

REMODELING 80 MIN

Beauty and health therapy that boosts the body's detoxification process.

This treatment minimizes water retention and sublimates the body shape, fighting off stagnant fat and reducing cellulite in the skin, a complete and dynamic treatment that seeks the perfect balance between health and beauty.

REJUVENATING RITUAL 110 MIN

A marvelous combination of a relaxing massage & a full body wrap made of green clay to regenerate, oxygenate and deeply balance your skin. Ideal for mature skin because of its softening effect, reaffirms and reduce signs of aging.

COUPLES EXPERIENCES

A space designed to receive a beautiful experience of relaxation, luxury amenities and treatments create the ideal environment to share a special moment as a couple.

ROSES AND DIAMONDS 130 MIN

30 MIN BODY EXFOLIATION - 60 MIN MASSAGE - 40 MIN HYDROTHERAPY

Give in to the exquisite fragrance of Damask rose in this revitalizing and nourishing skin treatment. A micro-granule exfoliating emulsion notably softens the texture of your skin, unveiling its extraordinary smoothness and radiance.

AGAVE 170 MIN

130 MIN RITUAL - 40 MIN HYDROTHERAPY

Agave for two is a massage that activates pressure points and releases energy, employing a body wrap and facial treatment in which the main ingredient is Blue Agave. This ingredient is known to repair, restore and reduce the appearance of expression lines.

COCOA 170 MIN

FACIAL AND BODY WRAP 70 MIN - MASSAGE 60 MIN - 40 MIN HYDROTHERAPY

Facial and corporal treatment designed to soften and renewing the skin, starting with an exfoliation that removes delicately dead skin cells, followed by a body wrap and a facial with anti-aging properties. This experience finalizes with a chocolate scented oil massage which works on tired muscles and induces a general sensation of relaxation.

ADD ON'S

EYE AND LIPS TREATMENT 25 MIN

An effective and relaxing treatment to leave beautiful eyes that shine with youth. Repair your lips with a mask and balm that will leave them softer and more beautiful.

RELAXING LEGS TREATMENT 25 MIN

A relaxing, beautifying treatment that provides an immediate freshness sensation relieving leg tiredness and muscular fatigue.

HYDROTHERMAL EXPERIENCE

Find the stillness of your soul, mind and body by immersing yourself in an atmosphere of emotional healing that, together with the contrasts of temperatures, will provide a body without an energizing shot of well-being. The hydrothermal experience relieves stressful moments and provides moments of stillness. Let yourself be carried away by moments of deep relaxation.

RELAXING HYDROTHERMAL EXPERIENCE

DELUXE HYDROTHERMAL EXPERIENCE